

MATERNAL CHILD HEALTH EDUCATION 2018 SCHEDULE

Visit our website www.goodsamhosp.org/moms
To register online or call 800 435-7465
For questions call 368-5450

Early registration is suggested

Maternity Tour 1st Sunday of every month.
FREE, no appointment necessary. Meets
in the Birthing Center Lobby at 10:50am

January 7	February 4	March 4
April 1	May 6	June 3
July 1	August 5	September 2
October 7	November 4	December 2

Prepared Childbirth \$165.00 per couple
Continental Breakfast served
Sunday's 9:30am – 5pm
Includes tour of the Maternity Unit

January 21	February 18	March 18	April 22
May 20	June 24	July 29	August 26
September 23	October 21	November 18	December 16

Breastfeeding Saturday's Or Sunday's 10am – 2pm
&70.00 Includes New Mothers guide to Breastfeeding

January 14	February 3	March 11
April 21	May 6	June 2
July 8	August 4	September 16
October 6	November 4	December 8

Private tours during the week are done by appointment with the Maternity
 Consultant, please call: 1-888-332-MOMS (6667)

Infant/Child CPR & Safety \$50.00 per person
Two Consecutive Tuesday's 6:30pm – 9:30pm

January 9 & 16	March 13 & 20	May 8 & 15
July 10 & 17	September 11 & 18	November 13 & 20

Newborn Care Class \$55.00 per couple
Thursday's or Friday's 7:00pm – 10:00pm

February 15	March 22	April 20	May 24	June 21
July 19	August 17	September 27	October 26	November 30

Sibling Class \$40.00 per family
Saturday's 11:00am – 12:30pm

February 10	May 19	August 25	December 1
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Note: On occasion, there may be a circumstance where a class date change may be necessary.